

ST GUTHLAC'S COMMUNITY NEWS



Parish Church of St Guthlac
Knighton, Leicester LE2 3LF

<https://www.stguthlac-knighton.co.uk/>



Sunday 21st August 2022
Tenth Sunday after Trinity

Sunday 21st August

This Sunday there is a service of Holy Communion at which Revd. Adrian Jones will preside and preach.

There will be a new Worship Song in the service on Sun.Aug.21st. BLESS THE LORD, O MY SOUL (TEN THOUSAND REASONS) Although many of you will have heard it, there will be a short informal rehearsal before the service. You are invited to arrive as soon after 10.00am. as possible, when music and words will be distributed, and there will be a sing through.

The Collect & Readings for the Tenth Sunday after Trinity

The Collect

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

First Reading: Jeremiah 1.4-10

Psalm 71.1-6

Second Reading: Hebrews 12.18-29

¹⁸You have not come to something that can be touched, a blazing fire, and darkness, and gloom, ¹⁹and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. ²⁰(For they could not endure the order that was given, 'If even an animal touches the mountain, it shall be stoned to death.' ²¹Indeed, so terrifying was the sight that Moses

said, 'I tremble with fear.')

²²But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, ²³and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, ²⁴and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

²⁵See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! ²⁶At that time his voice shook the earth; but now he has promised, 'Yet once more I will shake not only the earth but also the heaven.' ²⁷This phrase, 'Yet once more,' indicates the removal of what is shaken – that is, created things – so that what cannot be shaken may remain. ²⁸Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; ²⁹for indeed our God is a consuming fire.

Gospel reading: Luke 13.10-17

¹⁰Now he was teaching in one of the synagogues on the sabbath. ¹¹And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. ¹²When Jesus saw her, he called her over and said, 'Woman, you are set free from your ailment.' ¹³When he laid his hands on her, immediately she stood up straight and began praising God. ¹⁴But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, 'There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.' ¹⁵But the Lord answered him and said, 'You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? ¹⁶And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?' ¹⁷When he said this, all his

opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

PRAYERS

Praying for the world: Please pray that the current droughts and wildfires will open the eyes of decision makers and business people to the reality and impact of climate change. Pray too, for the protection and support of the people who are most vulnerable to the effects of global heating, in some of the poorest nations. Pray that as privileged neighbours we would be moved to help them directly and through changes to our own lifestyles.

Praying for the church: Please pray for Bishops Martyn and Saju, and for all the Anglican bishops returning to their own countries after the Lambeth Conference. Pray that God will sustain and guide them, and grant them peace and rest, so that they may be able to serve all people, with grace, love and mercy.

Praying for those in need: Please pray for all those who are in need at the moment, those who are unwell in body, mind or spirit, and those who are anxious and worried.

Also, give thanks for those who are recovering and who have found God's peace.

Please remember those who have died recently and pray for their families and friends. Also all those whose anniversaries fall at this time.

Weekly prayer for roads in the parish – **Powys Gardens.**

For further prayer requests which can be included in the weekly prayer list or anonymized and prayed for in private, please contact Matthew revgough@gmail.com or Jane administrator@stguthlac-knighton.co.uk

Blessing your donations & the Collection Plate

Now many people do planned-giving through their direct debit, it seems inappropriate to hand the collection plate round during a service. The collection plate now will be at the back of the church.

Please leave your donation as you come into the service. A steward or member of the congregation will take up the plate to the altar for all donations to be blessed during the 3rd / offertory hymn or at a suitable point in non-Eucharist services.

St. Guthlac's Services

Sunday at 10.30am

28 th Aug	Matins	David Hunt
4 th Sept	Eucharist	Revd Aphro McCullough
11 th Sept	Harvest AAW	Fiona Wingate
18 th Sept	Eucharist	Bishop Christopher & Fiona Wingate

Every Thursday at 9.30am

Holy Communion

There is no Church Club at St Guthlac's in August.

The next one will be on 25th September.

Monthly St Mary's Evensong will take a break for August with the intention for it to return first Sunday each month, 5.30pm from September.

Thank you from Matthew

Thanks so much for everyone's kindness on my final Sunday service. You showed such love to myself and my family. We are so grateful for the kind and generous gifts, cards and words of encouragement. They will resource us well in the ministry journey ahead.

A midweek online haven

The experience of Compline March 2020 – August 2022

The Compline service is at 8.00pm on a Wednesday. It presents the traditional service through modern technology, via Zoom, using a telephone or computer in an accessible democratic way. Everyone can take part in the service as the parts of the service are shared out. It has been easy to use.

About 14 to 20 people take part each Wednesday. At the last meeting the participants reviewed the past 2½ years of Compline. They felt that the Compline online service has shown that good can come out of bad (Covid) by providing a 'real service' for those who can't easily access a service because they are protecting their health; are cautious about going out in the evening; or because they want a midweek service.

Before the service starts, there is a chance to chat informally and to discuss a topic for 10 minutes in very small groups. Participants felt that it has brought members of St Mary's and St Guthlac's churches closer together in a relaxing supporting atmosphere where they can have liturgical prayer as well as laughs. They have enjoyed meeting new people from the churches.

You will be very welcome to join us from 7.50 on a Wednesday evening by either:-

- using Zoom on your computer and clicking this link:
<https://us02web.zoom.us/j/81118183080>

or

using a telephone, ring 0203 481 5240 and follow the instructions. You will be asked for a meeting ID. Put 811 1818 3080 followed by #

Licensing of Matthew: Tuesday 30th August, 7.30pm, All Saints, Anstey Lane, Thurcaston.

You are welcome to join with the parishes of Anstey, Thurcaston and Cropston in licensing Matthew as their new Rector by Bishop Saju of Loughborough. Please be aware that there is limited street parking and some spaces made available at Richard Hill Primary School, 12 Anstey Lane, Thurcaston, LE7 7JA.

Do car share where possible. Light refreshments will be provided.

Summer Holiday at Scargill House in the Yorkshire Dales

Once again a group of us from Knighton enjoyed the 'Summerfest' week with the Scargill House community in Wharfedale, Yorkshire. We have plenty of tales to tell so look out for an article in the next Benefice Magazine! In the meantime our ordinand in training, Cecilia Adjadje, has written to our PCCs and congregations following the generous donations that enabled the family to share this special holiday break:

My beloved brethren in Christ,

I want to take a moment and let you all know how much positive impact the Scargill holidays have made in our lives. We are more grateful than words can express. My children undeniably enjoyed every bit of their stay. Few people possess the considerable, loving heart that you have and even fewer people can give so much of themselves to give us the opportunity to have such great experience.

On behalf of Peter, Esther, David, Daniel and my humble self, we want to thank you for your support, loving kindness and the wonderful people that you are. I know I am blessed to have you all in my life and ministry. May God continue to bless and uphold you all.

*Kind regards,
Cecilia and family.*

Ride and Stride 2022 at St Guthlac's: 10th September 10:00 - 18:00. The annual Ride and Stride event will take place on 10th September from 10:00 to 18:00. This is a fundraising event for the Leicestershire Historic Churches Trust (LHCT) which supports churches in Leicestershire with grants for improvement and maintenance costs. Half of all funds raised by participants can go to their local church so everyone benefits. The LHCT publish a list of all churches and chapels that are open on the day and then participants can plot their walking or cycling route between any number of the churches. St Guthlac's is taking part and would like to open to welcome visiting walkers and cyclists to the church.

I'd like to encourage you to get involved in any of the following ways.

(1) By volunteering to for a slot to welcome visitors to the church. If you're interested there will be a rota at the back of church so please do sign up for an hour (or more). It can be a restful way to spend some time and as a "Rider" or "Strider" it is always a real joy to find the church open and people present to welcome you.

(2) By cycling or walking between open churches. This gives you a chance to see inside some of the beautiful churches of our city and county.

All participants, whether welcomers or riders and striders, can be sponsored. If you'd like to participate please speak to Fiona for lists of churches and sponsorship forms. If you'd like to ride and stride but are a little unsure of the format or would prefer not to go on your own then join Fiona from 10:15 for a cycle tour around some of the churches in Knighton, Stoneygate and City Centre who will be taking part which should take about 4 hours allowing time for stops.

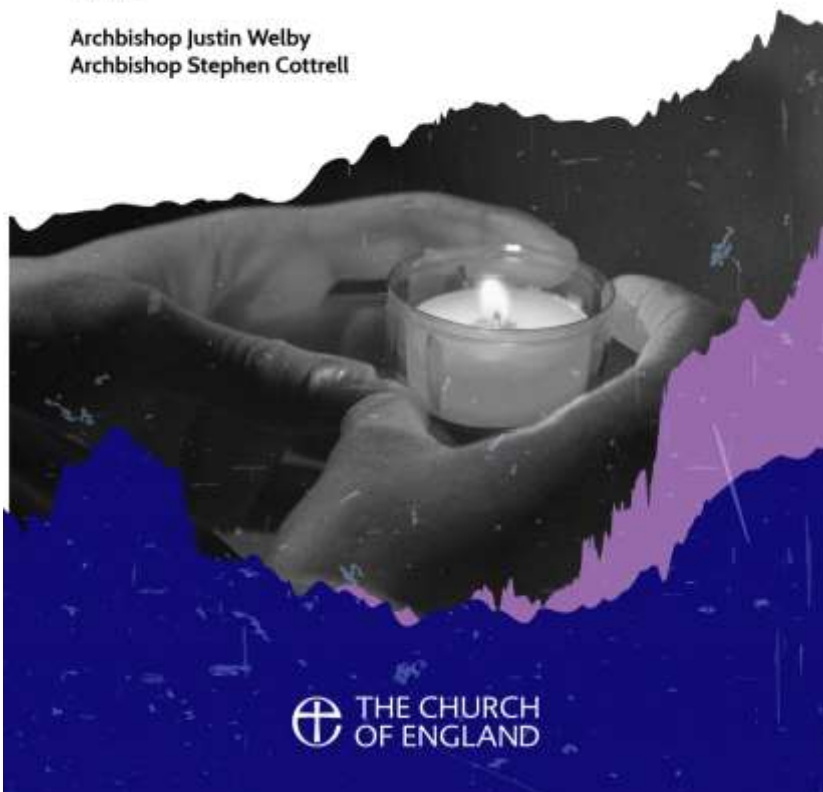
Any other questions please get in touch with Fiona Wingate by email on eco@stguthlac-knighton.co.uk.

A Prayer for Ukraine

God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion
to guide their decisions.

Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen.

Archbishop Justin Welby
Archbishop Stephen Cottrell



 THE CHURCH
OF ENGLAND

How to help garden wildlife in hot dry weather



During the recent hot, dry spell, wildlife across Britain has suffered as water levels declined and food sources became scarce. With more hot, dry weather forecast, the RHS is urging gardeners to support wildlife by following their top tips:

- **Encourage nectar production**

Keep pollinator friendly and summer-flowering species like single dahlias, single fuchsias and verbenas going by watering well and deadheading regularly. Nectar flow can slow if plants get really thirsty and flowers can run to seed.

- **Improve access to ponds**

Ensure wildlife can get in and out of ponds as water levels drop. Extend ramps in steep-sided ponds and position plants so they provide extra access points.

- **Create a rehydration station**

Leave saucers of water in the garden for wildlife to sip from, placing pebbles and marbles in them to aid insects and smaller birds.

- **Leave overgrown plants for shade**

Avoid tidying the garden. Leave wildflower and meadow grasses uncut, increase log piles, and leave plants that have gone to seed in place. They are relished as a shelter and as nesting supplies while the seeds are highly prized by goldfinches. Watch out for toads that have burrowed to escape the heat when digging.

- **Tend your compost heaps**

Composting garden waste, especially in shady areas, is very helpful to wildlife. The insects, slugs and worms associated with rotting vegetation can feed other wildlife including amphibians and hedgehogs. Moisten the compost if it's dry.

- **Support hedgehogs**

Supplement the diet of hungry hedgehogs by leaving proprietary hedgehog food, available from most bird feed suppliers, in shady spots. These garden favourites need moist soil to easily reach earthworms and other invertebrates that make up much of their diet.

Caring for each other at church during infectious times

As you'll know we are no longer subject to Government legal regulations and restrictions relating to Corona virus. Our Worship Committee met, on behalf of the PCC, to discuss what precautions we should discontinue or keep at St Guthlac's. We were agreed firstly, that when we come to church we should continue to have the highest regard for the safety and wellbeing of other people as well as our own comfort.

For the moment we do *not* feel it is the right time to resume offering the wine to the congregation as part of our Communion services. The priest officiating at Communion will continue to sanitise their hands and wear a mask.

Other matters are very much down to each person's own conscience, but can we please ask you, when you come to church:

- to consider continuing to wear your face covering;
- to consider sanitising your hands on the way into church;
- to avoid crowding together when finding a seat and after church to give people a little more space than usual;
- **not** to come to church if you have any symptoms of covid-19 or a positive lateral flow test in the last 24 hours;
- to be understanding of those people whose response to the hazards of the virus is different to your own.

Thank you for your understanding and co-operation with these precautions and changes – this way we can remain both safe and welcoming! *Adrian & Churchwardens*

PLANNED GIVING SCHEME Regular giving is an integral part of our church life supporting our day to day costs, ministry and mission. A good way to achieve this is through a weekly envelope or a monthly bank standing order as part of our Planned Giving Scheme. Scheme details can be obtained from David Hunt, Planned Giving Scheme Secretary:

churchwardens@stguthlac-knighton.co.uk.

If you are a taxpayer and gift aid your giving, our church can claim an additional 25%.

giftaid it

CONTACT DETAILS

Vicar: Revd. Adrian Jones 0116 2704268
adrian.jones@zoho.com 07919 262 399

Revd Aphro McCullough

Revd Janet Gasper

Reader: Fiona Wingate

Ordinand: Cecilia Adjadje

Churchwardens:

David Hunt

Tina Jarvis

churchwardens@stguthlac-knighton.co.uk

Knighton Benefice Magazine: Nigel Siesage

stmarysknighton.magazine@gmail.com

FOR THE NEWSLETTER Please send material to be included in the next newsletter by noon next Thursday to administrator@stguthlac-knighton.co.uk

Don't forget to visit the St. Guthlac's Facebook page and website <https://www.stguthlac-knighton.co.uk>

Newsletters on Line

Both St Guthlac's and St Mary's current and backdated newsletters are available online.

St Guthlac's <http://www.stguthlac-knighton.co.uk>

St Mary's <https://www.stmarysknighton.co.uk>

Summer Read



The Love Song of Miss Queenie Hennessy by Rachel Joyce

We hope you will join us in reading 'The Love Song of Miss Queenie Hennessy' by Rachel Joyce over the summer. A few years ago, we had 'The Unlikely Pilgrimage Of Harold Fry' by the same author as our summer read which was really enjoyed by many.

In this uplifting story Queenie thought her first letter would be the end of the story. She was wrong. It was the beginning. When she discovers that Harold Fry is walking the length of England to save her, and all she has to do is wait, she is shocked. In her note to him she had explained she was dying. How can she wait? A new volunteer at the hospice suggests that Queenie should write again; only this time she must tell Harold everything. In confessing to secrets she has hidden for twenty years, she will find atonement for the past.

There will be an opportunity to meet to discuss this book and others you've enjoyed reading on Tuesday 20th September at 7.30 (with tea & cakes). If you can't make this date, there will be another chance to chat about this book and others at the new Holbrook Oasis at St Guthlac's on Wednesday 28th September at 1.30.

You can either borrow the book for a small donation or buy a good quality secondhand copy. See Tina or Jean if you want a copy.

Harvest Festival Sunday 11th Sept: Gifts for Open Hands

Our Harvest Festival will be on Sunday 11th September. The need to reach out to those struggling to feed themselves and their families is even more pressing this year, and as usual we will be taking our food donations to Open Hands, a fantastic local organisation which St Guthlac's congregation has supported very generously for a number of years. The chart below indicates which items are needed currently. Please remember this appeal when doing your shopping between now and Harvest. Thank you.

Open Hands  donation list			Food			 Most in Need	 Fully Stocked
							
Vegetable Oil	Dry Pasta	Small packs of spices	Jar Sauce	Vegetarian Curry	Meat Meal	Meat Meal	Cereal
							
All Types of Flour	Tinned Tomatoes	Tinned Vegetables	Tinned Pulse Beans	Dried Pulse Beans	Tinned Fish	Tinned Fish	Rice Pudding
							
Salt/Pepper	Table Sauces (e.g. ketchup)	Jams/Spreads	Biscuits	Individually wrapped cakes or snacks	UHT Milk	UHT Milk	Squash
							
Box of Tea (40/80 bags)	Sugar	Instant Coffee	Hot Chocolate	Bread Delivery Only	Fridge/Freezer Items Delivery Only	Fridge/Freezer Items Delivery Only	Bottled Water

COFFEE MORNING



ON SATURDAY 10 SEPTEMBER 2022

FROM 10.00 AM UNTIL 12.00 NOON

**AT ST. MARY MAGDALEN CHURCH, BRINSMEAD ROAD,
KNIGHTON, LEICESTER LE2 3WG**

**STALLS TO INCLUDE CAKES & PRESERVES,
PLANTS, BOOKS & RAFFLE**

JUST COME ALONG

EVERYONE WELCOME

THE FORGE

Getting fired up for mission

Creative practice & fresh thinking in mission
with Leicester Diocese Pioneers

8 sessions across the year on *Being, Living, Doing & Leading*

Build your confidence in being experimental in the passion

God has put on your heart

Join others as you journey together with a supportive practical
learning experience

Different learning styles enable you to engage meaningfully

Try out new ideas in a safe space

Flipped learning allows your context, experience and
learning outside the classroom to shape your practice

Use of a learning journal, developing a spiritual practice,
workshop sharing and shadowing other learners
all build your skills to try new ideas

Discern God's call for your next steps, maybe associate ministry?

Open to anyone.

Contact Crystal Mcallister for more
information 07890 020012

To secure a place, email
Claire.stapleton@leicestercafe.org

Costs: £40 per term, but if cost is a
barrier please talk to us

Dates: TBC from September 2022

Sessions will cover:

- | | |
|------------------------|---------------------------------------|
| spirituality | mission in all its forms |
| theological reflection | retreat day |
| pioneering | exploring your calling and next steps |

Diocese of Leicester's priorities (new, intergenerational,
reconciliation, eco & intercultural communities)



Quilting Conversations



Quilting Conversations—Free workshops

Leicester Global City Quilt

We invite you to stitch a square representing you for the Global City Quilt. The quilt will be displayed around the city during 2023.

Your square, made how you want

Choose to hand stitch or use our sewing machines. Sew and decorate with a wide range of fabrics and materials. All materials are provided.

Choose your venue

Plan to come to all three sessions (or two at a minimum).

Slow Stitch

A mindful activity to relax and chat with other stitchers while creating your square.

Highfields Library	Tuesdays	9 Aug	16 Aug	23 Aug	2.00pm - 4.00pm
Belgrave Neighbourhood Centre	Thursdays	11 Aug	18 Aug	1 Sept	1.00pm - 3.00pm
New Parks Library	Mondays	26 Sept	3 Oct	10 Oct	1.00pm - 3.00pm
Beaumont Leys Library	Tuesdays	28 Sept	5 Oct	12 Oct	1.00pm - 3.00pm
Pork Pie Library	Thursdays	29 Sept	6 Oct	13 Oct	10:30am - 12:30pm
St Matthews Centre	Mondays	24 Oct	31 Oct	7 Nov	1.00pm - 3.00pm
Leicester Museum and Art Gallery	Tuesdays	25 Oct	1 Nov	8 Nov	10:30am - 12:30pm
The BRITE Centre	Thursdays	27 Oct	3 Nov	10 Nov	1.00pm - 3.00pm

Book on 07999 840 140 or email linda.harding@leicester.gov.uk

Can't come to workshops?

You can still take part. Bring or send your finished piece to Leicester Museum and Art Gallery, 52 New Walk, Leicester LE1 7EA. Your piece should be 26cm square with an extra 1cm border all round so we can stitch the quilt together.

Or take a photo and email it to museums@leicester.gov.uk with the subject 'Quilting Conversations'.



Visit

leicestermuseums.org/QuiltingConversations
or scan the code to find out more

Holbrook Oasis

Wednesdays 1.30 – 3.00 pm
Starting 20th July

St Guthlac's Church, Holbrook Road LE2 3LF

Companionship, Conversation, Refreshment, Relaxation



Come and join us in our Welcome Area and garden to chat and enjoy others' company. Open to all: especially young families, people living alone, older persons and if you're new to Leicester!

Tea, coffee and cakes provided

Toys available for children with their carers



Email churchwardens@stguthlac-knighton.co.uk